

THE chancellor's REPORT

AGTOBER 2018

Hella Fall!



AMTX students creatively exhibit recycled materials

Take a *deeeeeeeeeeeep* breath with our Stress Free Living Tips!

NEW!

GAMES & PUZZLES

Bobby R. Phills
Chancellor-Dean

Retia Walker
Vice Chancellor for
Academic & Student Support
Services/Associate Dean

Andra Johnson
Vice Chancellor for
Research & Technology
Development

Dawn Mellion-Patin
Vice Chancellor for
Extension & Outreach



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Agtober **2018**

AMTX

displays sustainable designs



The FCS 497 Section of Apparel, Merchandising and Textiles held an exhibit in Pinkie Thrift Hall showcasing their creativity and vision. The course objective was to execute sustainability in design. Students were challenged to make clothing items out of recyclable items that would be eye catching, as well as resourceful and not cause environmental strain. The students represented themselves and the department well as clothing items were made from things such as leaves, shopping bags and even food packaging. Fashion is a billion dollar industry that thrives on raw materials and has often times come under scrutiny for methods and materials used to execute the designers' wishes and consumer's demands. The Family and Consumer Sciences students have committed their academic studies to being apart of the solution and revolutionizing the way we do clothing. Change in any industry is difficult to undergo but our students are starting early in exploring and exhibiting ways to use what is already available from waste materials and nature. After speaking with AMTX Director Dr. Doze Y. Butler, it is apparent that the student body is fully dedicated to clothing and finding new ways to express themselves that won't harm our way of life on earth and that ensures more exhibits and showcases are on the horizon for the program.



ICE CREAM,



It is a safe assumption that we all love ice cream. Especially FREE ice cream. The department of Family and Consumer Sciences held an ice cream social last month to welcome agricultural students back from the summer break, as well as embrace new incoming freshmen. Students from all three departments showed up to have their chance at winning various prizes, which included Southern University spirit gear as well as items specific to the Land-Grant campus. During the ice cream social, students of all areas had the chance to mingle, meet and form bonds that will serve them later this year as well as further down the road in their academic path. The staff and faculty also took time to answer any questions about specific programs, majors and scholarships as students socialized amongst each other. The Land-Grant faculty and staff served our students their choice of 2 flavors with over 10 toppings to partake in. The ice cream social set the tone and broke the ice for a lot of students getting familiar with each other as well as seeing who their professors and administrators were. If the ice cream social is any indication of what this year has to offer, much like the ice cream and various toppings, we know the future is sweet!



you scream!

SUALGC hosts ice cream social



Malik Allen is a Senior Agricultural Economics major from Opelousas, LA anticipating his graduation this fall. Currently, Malik sits in the position of being a Student Engagement Specialist for the Land-Grant campus. Allen is a member of student organizations such as the Urban Forestry Club and MANRRS, where served as president, and the recipient of many awards and scholarships. It is safe to say Malik has punched his ticket to professional life after college and that he has had made the most of his years at Southern University. However, the polished young man we see before us was still in development years ago. At Northwest High school, Allen was an athlete, a cool kid and a jokster. He gardened as well, selling fruits and vegetables to earn extra money. This is when he fell in love with the marketing and process of agriculture. Malik will be the first of his siblings to earn his collegiate degree. He explained that in his hometown, opportunity and expectation is low. This is what fueled him to push through and see his collegiate journey to the end. When asked to describe the experience at the SUALGC, Malik stated "The professors and the Land-Grant campus gave me an opportunity. Agriculture handed me a life and I capitalized."

"As an athlete, I never thought I would align myself with anyone outside of that circle!"

Allen urges all underclassmen to make connections. Grades, scholarships and a resume is great but without people, you wont get far, especially as minorities in a career that is dominated by other races. He also encourages students to be adaptable, warning that you cant be closed minded because of your background and that it is possible to adapt professionally without losing yourself. When asked where he sees himself after graduation, Malik has plans to brand and position himself to be an owner. An owner of land, businesses and a major player in the future of Agricultural Business.

MALIK

**“ To go from class clown
to student leader is a testament
of the opportunity and possibilities
at the Land-Grant Campus”**

Allen on the importance of changing for better



ALLEN

URBAN GARDEN GRADUATION

The SUALGC has completed its second certification class. Baker, LA received a new crop of individuals who will contribute to local farmers markets and work to improve quality of life for residents. Among the recipients were Councilwoman Glenda Bryant who reached out and asked us to host a class in the town. Baker, LA is growing and taking steps toward becoming more agriculturally involved to better serve citizens and forge a long lasting partnership with the Land-Grant campus. Mayor Darnell Waites stated that this effort cannot happen without the Land-Grant campus.

BAKER, LA





get organized

Have you ever been in a time crunch? Perhaps you were preparing for a presentation or trying to complete a report before the deadline. Likewise, have you ever experienced searching for critical documents needed to complete these tasks under a pile of papers and books? Disorganization and procrastination decrease productivity and contributes to stress. Creating a system of organization and work flow improves your work environment as well as the quality of your work. Try the three tips below to help you be more organized and productive, and also less stressed at work.



LIST

- Write down daily tasks
- Prioritize these tasks in order of time sensitivity.
- Do not deviate from your list.
- Set realistic goals and delegate in order to get items completed.



TRASH

- Organize your work in file paper or electronic file folders
- Throw away, re-purpose or donate Anything that is used or obsolete.
- Remove items that add clutter to your Environment and reduce usable space for organization.



DO IT

- Do it NOW!
- Handle small tasks (sending emails, refiling papers) as soon as possible.
- Set dates to accomplish And reminders. As soon as you Complete one task, immediately move On to the next.

Dr. Jung-Im Seo arrived to the United States to take her career and passion for fashion to new levels. In her native country of South Korea, fashion is a huge part of the culture as well as the economy. Seo started as a fashion designer and loved the craft but realized how over saturated the market was in South Korea and also the competitiveness of it. With this in mind, she figured, if everyone is making clothes, who is going to sell? This pushed her to peruse a Fashion Merchandising degree from the University of Martin. She then went on to attain a Masters in Retailing for the University of Georgia and later a Ph.D. from the University of Tennessee. Clothing and sewing ran in her family as she attributes her career path to the women in her family. "It was my grandmother who taught me knitting and sewing. My mom also played a role. In my culture growing up, clothing was expensive. So my mom made all of my clothes up until a certain age. She made gloves, hats, coats, socks and many other things" Dr. Seo explained. In Pinkie Thrift Hall, Dr. Seo can be seen in the production labs assisting students and being hands on as they complete their class assignments. Dr. Seo serves as an Assistant Professor of Apparel Merchandising and Textiles and also takes pride in being an advisor to incoming freshmen. She teaches an array of classes but feels most fulfillment in teaching classes about the history of fashion and design as well as CAD classes that incorporate new technology and computers as resources to help students' creative process. When asked that the best part of the job was, Dr. Seo stated "I love my job. I love the students. They help me to learn new technology such as Instagram and how to incorporate it into the fashion world. I am also very proud of their success. Our students success is our success!" For Dr. Seo, failure is not an option. She believes in trying again and again until you gain new ground. She takes these words with her as she goes about her daily duties as a professor and colleague.

Sewing with Seo



"Sewing is in my family and culture"



Dr. *Jung Im* **SEO**



SOUTHERN UNIVERSITY AGRICULTURAL LAND-GRANT CAMPUS

Scholarship



SATURDAY DEC 8 | 6:30PM

Raising Cane's River Center

275 RIVER ROAD SOUTH, BATON ROUGE, LA 70802

HONESTY FAIRNESS CONSISTENCY



“I have 3 main pillars that I love by”

BRANDON BATES



A native of Greensburg, LA, Brandon Bates is no stranger to agriculture. His father owned a Dairy Farm in Kentwood, LA and exposed him to the hard work and importance of the field. During his time at St. Helena High School Bates took agricultural classes. Though his roots in agriculture ran deep, Bates never considered a career in agriculture since he grew up around it and took part in it from a young age. That is until he visited the Land-Grant Campus and spent a summer in the BAYOU Program. Bates was exposed to the different aspects of agriculture and drew the conclusion that anything he wanted to be in the world, there was an avenue that existed in agriculture to pursue. Bates credits his love for his career and opportunity to a man named Floyd Hucker who worked for NRCS. Mr. Hucker, also a graduate of Southern University, interviewed students for internships with the agency and sold Bates on the mission and family orientation of NRCS. After earning a 2008 Bachelors in Plant and Soil Sciences, Bates set out on a career path and worked his way up in the agency.

Fastforward 10 years later, Bates now sits in the same seat on the opposite side of the table. His objective is to interview students and provide them with the opportunity to apply and intern with NRCS. He firmly asserts that pulling students forward is pivotal to the growth of agriculture and the NRCS agency. The driving force and satisfaction comes from being resourceful. "I love seeing farms function. A lot of people would be out of business if not for the services we offer and it is amazing to see the fruit of our work first hand." stated Bates.

Brandon Bates currently serves as a District Conservationist in Kern County, California. His duties are to supervise a team of engineers, biologists, soil scientists and conservationists. Since California is so diverse in land, the group services forest land, wet land, farm land, crop land, orchards & dairies. He and his team are tasked with solving problems such as irrigation, soil erosion, and other property issues.

With Bates making a difference in other parts of the country, it is a great feeling to have him here paying forward what SUALGC & Mr. Floyd Hucker gave to him years ago.





Deep Breaths

Your Guide to Stress Free Living

Stress is a significant contributor to health problems in modern society. The impacts of stress include severe anxiety, strain in marriage and other relationships, and can even lead to substance abuse and suicide. There have been numerous studies linking stress to technological advances that cause our world to be more fast-paced and competitive. While the causes vary from person to person, successfully coping with stress depends on one common thread; how we respond. There is a quote that states "Life is 10% what happens to us and 90% how we respond." It's customary to panic when unfavorable situations arise and add challenges to our life. It is up to each individual to take control of their situation in order to protect their emotional stability and overall peace of mind. Maintaining a clear head and having a game plan when problems arise is a way to keep stress from taking control of your mind and having negative effects on your body and your life. Take the time to understand what factors contribute to stress in your life, then plan out and practice doing those things that help you control and reduce the stressors in your life. To the right are a few suggestions to help you do this.

Stretching helps you to feel more relaxed by releasing tension in your muscles and reducing the production of stress hormones in your body.

Stretch



Vent

Talking with close family or friends who can provide positive, healthy feedback can help you constructively cope with stress and leave you feeling better about a situation.

Listening to your favorite tunes gives your brain a chemical release that soothes and relaxes the brain.

Music



Say No

Avoid the tendency to try to be superhuman. Learn to balance your work and life commitments and don't overload. Complete duties at a steady rate to avoid build up.

With the obligations of work and family, it is vital to find something you enjoy that gives you joy to do and brings you peace and relaxation.

Hobbies



UnPlug

Turn your phone off! Stories on social media and television news can bring on feelings of insecurities and even fear. Each day, designate time to relax without your phone or TV.

Turn your phone off! Stories on social media and television news can bring on feelings of insecurities and even fear. Each day, designate time to relax without your phone or TV.

Smile



79%

*Statistic from New York Post of Americans feel stress on a daily basis.



41%

*Statistic from Gallup of Americans say there isn't enough time to fulfill their obligations



65%

*Statistic from Medical Express is the increase of Americans on anti depressants since 1999



3.7 billion

*Statistic from CDC prescriptions ordered by physicians

WORDS unscrambled

Hint: All words have the same letters as "agriculture"

RECGLUAIURUT _____

AGIRELTU _____

RIATECL _____

LGAERUR _____

ECRIRUT _____

ACRIG _____

AELIG _____

RTAGIU _____

ETARC _____

AREC _____

EUCAT _____

RCEGA _____

Agriculture, Ligature, Article, Regular, Recruit, Cigar
Agile, Guitar, React, Acre, Acute, Grace

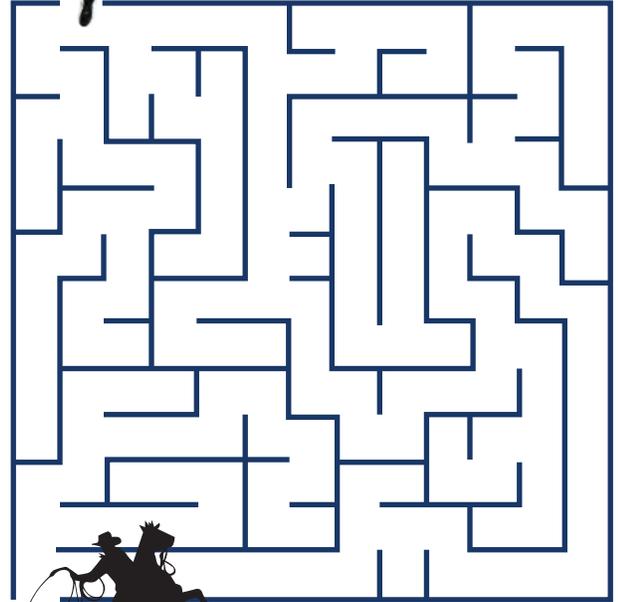
OFFICE SUPPLIES

U Z E R T R E P A P U R S U M E F Q J M
 O N B T I M E S H E E T I P R G Q W O R
 Q I I E P T Z A A L I X K A S M O J I C
 O M Q R P X F D P C W W W Y R J G O L M
 K P R N J X R A K A H T T S E E H E O F
 I N K P E N T Y F I F D O B T S X P F R
 U C Q M P S N V T O I H L A H C V A T U
 G G R N C O C E S N F F S T G I D T R B
 H H P M T X O O T O A G X T I S D U O B
 G P B E Y U I F L T X W N E L S B G P E
 N R I Y T F B F B E M X R R H O O A W R
 I P R L F F I I X B A E M Y G R R R W B
 T L K A C J M C G O C K Y D I S E G I A
 E A E X D R A E U O H X S P H I T A K N
 E N Y L U N E W B K I K K E G Q U G B D
 M N B Z U V E P M Y N Z P N J K P E K T
 C E N H I R C L A R E D L O F D M B E R
 E R J Z O K F E A P B M E H Z K O A E S
 P R I N T E R R J C A U G P K B C G S W
 Y N H O I J H M G J C B Q P T O M A U G

- BATTERY
- CALENDAR
- COMPUTER
- FAX MACHINE
- FOLDER
- GARBAGE BAG
- HIGHLIGHTER
- INK PEN
- MEETING
- NOTEBOOK
- OFFICE
- PAPER
- PAPERCLIP
- PHONE
- PLANNER
- PORTFOLIO
- PRINTER
- RUBBERBAND
- SCISSORS
- SOFTWARE
- STAPLER
- STICKYNOTE
- TAPE
- TIMESHEET
- WHITEOUT



Dr. Phillips needs a ride to the Livestock Show! Can you find a clear route to get him there on time?



What is the next number?

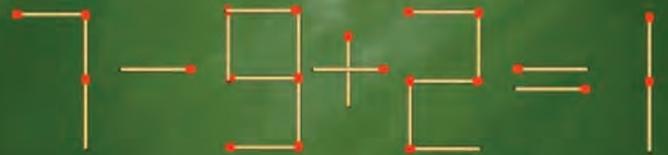
16, 06, 68, 88, ?, 98.

*The next number is 78. The sequence is 86-91 upside down

This 5 letter word becomes shorter when you add two letters to it. _____

*Short

Can You Solve The Equation By Moving Just 1 Matchstick?



*7-9+3=1

WE WANT TO HEAR FROM **YOU**



LISTENING SESSION

with *SOUTHERN UNIVERSITY AGRICULTURAL LAND-GRANT CAMPUS & USDA*

NOVEMBER 8, 2018 • 6:00-7:30PM

1209 Diesi Street, Opelousas, LA

FOR MORE INFORMATION CONTACT: ANTONIO HARRIS (337) 943-2410

