

FAMILY & Consumer Sciences



SU
AG
Center

Parents Preparing for Success

- Nurturing Parents
- Budgeting
- Physical Development (Children)
- Nutrition for Children
- Family & Child Safety

Aging

- Personal Health Literacy

The Five "C"s for Growth

- Communication
- Commitment
- Caring and Appreciation
- Contentment
- Community

Family Resource Management

- Storing Important Papers
- Family Financial Management
- Living & Final Wills
- Workforce Development

Full Circle Parenting

- Childcare
- Mentoring Families
- Anger Management
- Coping with Family Stress

Family Nutrition & Health

- Understanding Diabetes
- Controlling Diabetes
- Family Obesity
- Family Meal Planning
- Physical Activity (Adults)

Emergency Preparedness

- Developing an Emergency Plan
- Assembling an Emergency Kit
- Hurricane Preparedness
- Safeguarding Family and Home
- Safety at Work
- Mold Prevention and Removal
- COVID-19 Information



LINKING CITIZENS of Louisiana with OPPORTUNITIES for Success!